

INTRO. TO SPRING TRACK GRADES K-3

GRADES K-3: MONDAYS OR WEDNESDAYS

TIME: 6:15 - 7:15PM

<u>MONDAY DATES</u>-MAY: 1, 8, 15, 22, <u>SKIP 5/29</u>. JUNE: 5, 12.

<u>WEDNESDAY DATES</u>-MAY: 3, 10, 17, 24, 31.

JUNE: 7.

WHERE: HBW TRACK FEE: \$35.00 *Registration Opens Wednesday, March 15th at 10:00am on Community Pass*

Participants will be coached in long jump, turbo javelin, 100-1600 meter dashes and the 4x100 relay.